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Food	°F	°C	Minutes	Notes
Frozen fries	400	200	15–20	Shake
Fresh fries	380	195	18–25	Oil lightly
Chicken wings	380–400	195–200	20–25	165 °F
Chicken breast	375	190	14–20	165 °F
Chicken thighs	380	195	20–25	165 °F
Salmon	390	200	7–10	145 °F
Burgers	375	190	8–12	160 °F
Pork chops	380	195	10–14	145 °F + rest
Broccoli	375	190	7–10	Shake
Brussels sprouts	375	190	12–15	Cut side down
Potato wedges	390	200	18–22	Shake
Bacon	350	175	8–12	Single layer
Eggs (hard-boiled style)	270	130	15–17	Ice bath after
Pizza reheat	350	175	3–5	